

WE OFFER

- Peer Support
- Weekly Activities
- Monthly Open House
- Alumni Fellowship
- Computer and Wi-Fi Access
- Safe Space

MORE INFORMATION



503-726-3738
(Fax) 503-726-3739



9255 NE Halsey St
Portland, OR 97220



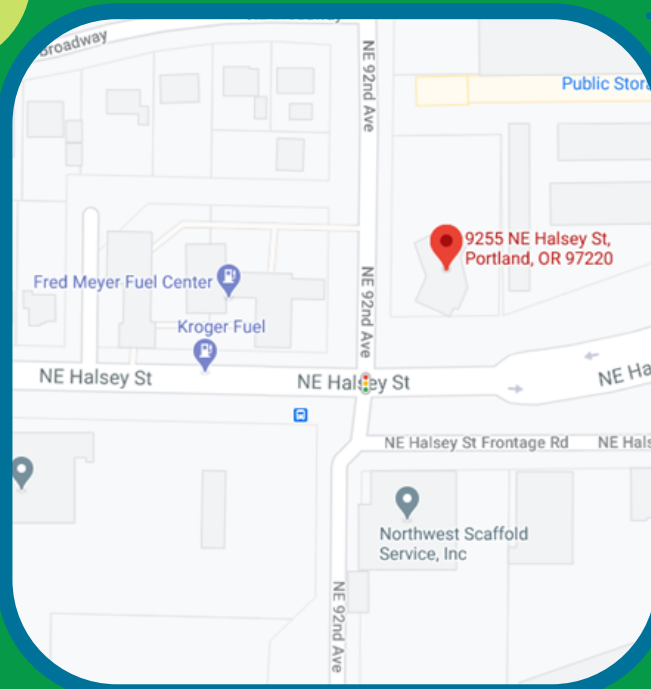
www.NewNarrativePDX.org

 @SDSNewNarrative

SELF-DIRECTED SERVICES

WE WELCOME

ALL Races and Ethnicities
ALL Religions
ALL Countries of Origin
ALL Gender Identities
ALL Sexual Orientations
ALL Abilities and Disabilities
ALL Spoken Languages
ALL Ages
EVERYONE.



We are located right off the
Trimet #77 and #24 buses
and near Gateway & 82nd MAX stops.

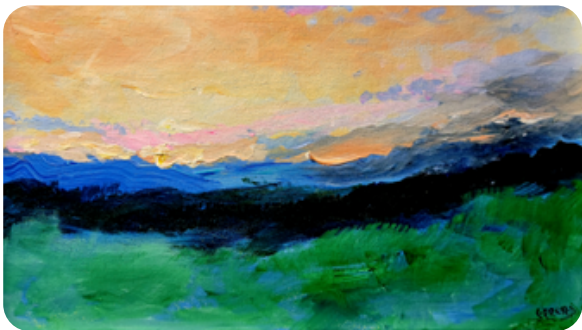


*We believe everyone creates
their own path towards wellness.
We walk alongside you,
providing peer support
and inspiring hope.*

A program of  **NEW
NARRATIVE**
Integrative Mental Health

OUR PROGRAMS

Self-Directed Services is a Peer-run program that works with participants on their health and wellness goals as a supplemental service to traditional mental health services. Through the Person Directed Planning (PDP) process, we develop a Goal Attainment Plan (GAP), directed by each participant, that they work from throughout the year. We connect participants to community resources and services utilizing wellness funds. There are two programs offered: a one year Wellness Program and a two year Sustainable Housing Program.



Artwork donated to Self-Directed Services by Doug Gerard, an alumni of SDS.

WELLNESS PROGRAM:

One year access to peer support and wellness funds.

To be eligible applicants must:

- Have Health Share Oregon Insurance
- Be actively enrolled in community mental health services within Multnomah County
- Have one year of sobriety (with exceptions)
- Live in Multnomah County

SUSTAINABLE HOUSING PROGRAM:

Two year access to peer support, wellness funds and rental stipend.

To be eligible applicants must:

- Be a client of Multnomah County Choice Model
- Or transition-age youth working with LifeWorks TAY or Multnomah County EASA
- Have one year of sobriety (with exceptions)
- Live in Multnomah County



WE BELIEVE

Self-direction is an essential component to recovery.

Wellness is possible for everyone and looks different for each person. Together, we discover what recovery and wellness look like for each participant through methods such as advocacy, focusing on each participant's strengths, and the strengths they hope to develop.

With support and encouragement, everyone can learn to be their own best advocate and pursue their goals with hope and positivity.

TO APPLY

Please contact us for an application. Applications must be submitted by a mental health provider.