



COMPASS ROSE *A program of New Narrative*

# Fact Sheet

## MISSION

Equipping foster young adults aging out of DHS with the tools towards self-sufficiency.

## WHO WE ARE

- Compass Rose is a supportive living program that bridges gaps of opportunity for foster young adults aging out of DHS care. Our clinical, housing, and peer mentor teams collaborate on person-led action plans where the youth can be the main voice in deciding what their independence looks like.



## OUR PROGRAMS

### • Clinical

- The Clinical Team within Compass Rose is made up of New Narrative's Qualified Mental Health Associates (QMHA's) and Qualified Medical Health Professionals (QMHPs) who offer health services, including
  - Counseling
  - Case Management
  - Medication Management
- Qualifications: the participant must be a DHS youth ages 18-20, with a referral from DHS.

### • Housing

- Horizon Property Management, [a property manager of New Narrative,] provides a team of property managers who oversee the participants' living units, allowing them the opportunity to build rental histories in safe and trauma-informed environments.
- Qualifications: the participant must be a DHS youth ages 18-20, with a referral from DHS.

### • Peer Support

- Our peer mentorship team of certified mentors use their lived experiences as a tool to provide participants with advocacy, self-expression, and community building.



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[www.NewNarrativePDX.org](http://www.NewNarrativePDX.org)



**NEW  
NARRATIVE™**

Integrative Mental Health